



ERASMUS Intensive Programme 2012-2013

Lighting Design: state of the art and trends

Athens, June 24 – July 5, 2013



LiDe Newsletter No.3, March 2013

Students' accommodation

Thanks to Frangiskos Topalis action we secured the Guesthouse of Zografou NTUA campus for students' accommodation. We booked the whole building Nr.14 for the IP Period. There are 14 two-bed rooms with bath (WC+Shower). Each floor has a common room for cooking etc. Price is 4 euros per night and per person. Breakfast is not included. After gathering all students' names and distributing them to the rooms, we will inform all students with more details.

Lecturers' accommodation

There is a lot of hotels (see www.booking.com) and hostels (see i.e. <http://www.hostelbookers.com/search/greece/athens/>) in Athens but not around the Zografou campus. If we could suggest one relatively close to Zografou campus, that would be President Hotel (<http://www.president.gr>) at 43 Kifissias Avenue, 11523, Athens, 5min from metro Line 3 - PANORMOY station. If you choose an Hotel at the city centre see below transportation instructions to reach the NTUA campus.

Students' and lecturers' travel & reimbursements

Students' date of the arrival is Sunday 23rd June and departure is on Saturday 6th July, 2013. They will stay in Athens 14 days. Their subsistence costs for the 14 days are 280 euros. The payment will be performed in cash at the middle of the second week of the course. This amount is intended to cover the accommodation's expenses, lunches, dinners, daily tickets and other personal costs for the whole IP period.

The Lecturer's date of arrival is depending on his/her lectures' time-schedule. Their subsistence costs can be calculated as follows: 144 euros X Duration in days (subject-related activities plus travel days). This payment will be performed in cash. This amount is intended to cover accommodation cost, lunches, dinners, daily tickets etc.

Are travel expenses undertaken by your Institute, as group travel, or by each person on his own? We prefer the second case for administration reasons. In case of group travel please contact me for more details. For all participants we need Bank account (Name of the Bank, IBAN, SWIFT/BIC) in order to reimburse the travel expenses (75% for teachers and 90% for students) after the end of the return trip.

LiDe course venue

The course will take place every day from 09.00 a.m. to 6.00 p.m. at the Library building (Entrance from Multimedia Amphitheatre. Please do not use the entrance to central Library) located at Zografou NTUA campus, (Library is indicated as Nr 13 in http://map.ntua.gr/map_final_20100817.pdf). The Multimedia Amphitheatre has all facilities for a power point presentation and internet access. Library is situated very close to students' accommodation building.



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Transportation from Athens centre to Zografou campus

Take metro - Line 3 (Blue line), direction Doukissis Plakentias or Airport (see metro map here http://www.ametro.gr/files/pdf/AM_Athens_Metro_Map_Nov12_en.pdf).

At the station KATEHAKI you change to the bus line 140 DIRECTION: Glyfada and you stop at POLYTECHNIOYPOLIS (ΠΟΛΥΤΕΧΝΕΙΟΥΠΟΛΗΣ) (see <http://goo.gl/maps/0g01Y> and http://www.ntua.gr/map_en.html). Across the stop is the Entrance to Kokkinopoulou Gate. The Library building is about ten minutes on foot.

Lunch

Lunch will be offered to all of our students with different ways:

1. **free of charge** at the students' restaurant of Zografou NTUA campus, with a selection of various dishes every day. **If you decide so, please bring together two photos for issuing an ID card.** Coffee breaks will be paid by each student; however coffees, refreshing drinks, sandwiches, pies etc. are sold at low prices. As an example, a small bottle of water (500 ml) costs 50 cents. During June the weather is rather hot in Athens with temperatures around 28-35 degrees Celsius. However, since the climate in Athens and in general in South Greece is dry, high temperatures are much better affordable than elsewhere with a humid climate. Therefore, we suggest that you always use a hat for your head, bring a sun protection cream and always take care to have with you a small bottle of water.
2. **6 euros** for Breakfast+Lunch+dinner at the Guesthouse's restaurant.

Lunch+dinner will be offered to all of our lecturers with a price of 2.5euros.

Transportation from the Athens International Airport (AIA) to Zografou campus

Option 1: Express Bus X95: Athens Airport - Syntagma square (city centre)

Express buses are located directly outside the Arrivals building of the Airport. nonstop service, every 15-20 minutes, journey time: less than 50 minutes. **Ticket price: 5€.** This ticket is acceptable by the Erasmus travel expenses.

At the station KATEHAKI you change to the bus line 140 DIRECTION: Glyfada and you stop at FOIT. EST. POLYT/NEIOYPOLIS (ΦΟΙΤ.ΕΣΤ.ΠΟΛΥΤ/ΝΕΙΟΥΠΟΛΗΣ) (see http://www.ntua.gr/map_en.html or the route at the google map: <http://goo.gl/maps/ZoLjz>). Across the stop is the Reception Gate of your accommodation.

Option 2 (recommended): Metro - Line 3 (Blue line): Athens Airport – Egaleo

(see metro map here http://www.ametro.gr/files/pdf/AM_Athens_Metro_Map_Nov12_en.pdf).

From the airport 6:33-23:35, to the airport 6:12-23:12, every 30 minutes, journey time to Katehaki station 20 minutes. Attention! Do not take the suburban railway called PROASTIAKOS!

You can buy either a ticket one way for 8 Euros or a return ticket for 14 Euros to go back to the Airport. This ticket is acceptable by the Erasmus travel expenses.



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Option 3: Taxi. 25-40 EUR to the Kokkinopoulou str (Zografou) stop at the Reception Gate of the Guesthouse. Travel time: about 30 minutes. We do not recommend travel by taxi, except you share one. Taxi cost is not reimbursed by Erasmus.

Cost of public transportation

The most convenient way is to buy a 7-day-card, valid for all public transport media (Metro, Buses, Trolley, Tram) means in Athens and suburbs. This week card costs 14€ and you will need 2 cards for the 2 weeks of your stay in Athens – this makes a total cost of 28€ for your transportation during the entire course. These cards are not valid for travel from Airport to Athens and vice versa and are not accepted as Erasmus travel costs.

Single tickets for all modes, 90-minute validity, one direction: €1.40

One-day ticket, all modes: €4.00

Additional information on public transportation

Instructions: Validate your ticket only once at the ticket validating machines at the station before you start your trip. Keep the ticket until you exit the station of your destination.

Demonstrate your ticket or monthly travel card to the inspectors when requested.

Attention: A penalty of 60 times the cost of the ticket is imposed on those not carrying or demonstrating upon request a valid ticket or monthly card in the trains or inside the compulsory ticket areas (past ticket validating machines).

For your prompt service use your coins to buy your tickets from the vending machines (THE MACHINES GIVE CHANGE). Buy extra tickets to use them on your future trips.

Tickets for buses, trolley buses and metro are sold at some newspaper kiosks ("periptera"), at special booths or stands of the Athens Public Transport Network, which are situated in the main squares of the city and at several bus stops.

Please get more information from the following websites:

<http://livinggreece.gr/2009/06/29/unlimited-bus-tram-metro-ticket-athens/>

http://www.athensairporttaxi.com/en/busmetro_metro_en.htm

www.athensguide.com/

<http://www.athensguide.com/buses.html>

<http://www.oasa.gr/content.php?id=kongen&lang=en>

<http://www.oasa.gr/content.php?id=tickets>

<http://www.athensguide.org/>